

# MERRELL WHALE OF TRAIL

## Split Distances and Predicted Times

Checkpoint	Description	Split Distance (km)	Cumulative Distance (km)	Split Ascent (m)	Split Descent (m)	Cumulative Ascent (m)	Winning time 2014	Fastest split times 2014	Winning time 2015	Fastest split times 2015	Winning time 2016	Fastest split times 2016	Predicted 6h30 (hh:mm)	Predicted 7h00 (hh:mm)	Predicted 7h30 (hh:mm)	Predicted 8h00 (hh:mm)	Predicted 8h30 (hh:mm)	Predicted 9h00 (hh:mm)	Predicted 9h30 (hh:mm)	Predicted 10h00 (hh:mm)	Predicted 10h30 (hh:mm)	Predicted 11h00 (hh:mm)	Predicted 11h30 (hh:mm)
CP1	Cupidoskraal Hut	14.0	14.0	704	(681)	704	1:26	1:26	1:25	1:25	1:30	1:30	1:30	1:36	1:43	1:50	1:57	2:04	2:11	2:18	2:25	2:32	2:39
WP1 / CP2	Road crossing	9.5	23.5	347	(415)	1 051	0:52	0:52	0:57	0:57	0:58	0:58	1:00	1:04	1:09	1:13	1:18	1:23	1:27	1:32	1:36	1:41	1:46
CP3	Noetsie Hut turn off	4.5	28.0	56	(124)	1 107	0:22	0:22	0:24	0:24	0:25	0:23	0:30	0:32	0:34	0:36	0:39	0:41	0:43	0:46	0:48	0:50	0:53
WP2 / CP4	Lekkerwater	10.0	38.0	324	(362)	1 431	1:23	1:17	1:17	1:17	1:09	1:09	1:30	1:36	1:43	1:50	1:57	2:04	2:11	2:18	2:25	2:32	2:39
CP5	Vaalkrans Hut	8.0	46.0	232	(220)	1 663	1:08	0:53	0:56	0:53	0:52	0:52	1:00	1:04	1:09	1:13	1:18	1:23	1:27	1:32	1:36	1:41	1:46
Finish	Koppie Alleen	7.0	53.0	200	(195)	1 863	0:55	0:47	0:50	0:50	0:44	0:44	1:00	1:04	1:09	1:13	1:18	1:23	1:27	1:32	1:36	1:41	1:46
		<b>53.0</b>		<b>1 863</b>	<b>(1 997)</b>		<b>6:06</b>	<b>5:37</b>	<b>5:49</b>	<b>5:46</b>	<b>5:38</b>	<b>5:36</b>	<b>6:30</b>	<b>7:00</b>	<b>7:30</b>	<b>8:00</b>	<b>8:30</b>	<b>9:00</b>	<b>9:30</b>	<b>10:00</b>	<b>10:30</b>	<b>11:00</b>	<b>11:30</b>