

MERRELL WHALE OF TRAIL - 35km Trail Run

Split Distances and Predicted Times

Checkpoint	Description	Split Distance (km)	Cumulative Distance (km)	Dist to Finish	Split Ascent (m)	Split Descent (m)	Cumulative Ascent (m)
CP1	Cupidoskraal Hut	14.0 Km	14.0 Km	22.0 Km	704	(681)	704
WP1 / CP2	Lekkerwater	7.0 Km	21.0 Km	15.0 Km	125	(362)	829
CP5	Vaalkrans Hut	8.0 Km	29.0 Km	7.0 Km	232	(220)	1,061
Finish	Koppie Alleen	7.0 Km	36.0 Km	0.0 Km	200	(195)	1,261
		36.0			1,261	(1,458)	

Predicted Times

[illegible][illegible]